

Thyroid Complex

Metabolism Support

Indications

- Low (hypo) thyroid function
- Slow metabolism, related obesity
- To assist normal energy function
- Assists the body's ability to adapt to physically and mentally challenging circumstances

Dosage

Acute	Chronic	Prophylactic
2 tablets 2 times daily	1 tablet 2 to 3 times daily	1 tablet 2 to 3 times daily

Cautions and Contraindications: Contraindicated in pregnancy and lactation. Contraindicated in hyperthyroidism and related cardiac problems

Doctor Commentary and Anecdotes

- I treat a lot of patients with Hashimoto's disease and this is definitely a major part of the treatment. Thyroid Complex works reasonably quickly to increase energy and vitality
- I also prescribe Thyroid Complex to a lot of my weight loss patients. Even if they what is considered 'normal' thyroid function, often their metabolism needs a bit of a kick. I often see a big shift in weight after patients have started these tablets
- A patient found it really hard to lose weight and her blood test results showed that her thyroid function was poor. She was prescribed Thyroid Complex tablets - 3 tablets daily and then 2 tablets daily for maintenance. Her energy and feelings of general well-being increased and she started to lose weight
- A female aged 34 suffered unexplained infertility and sub-clinical hypothyroidism. Signs and symptoms included low basal body temperature, fatigue, cold peripheries, headaches, weight gain (abdominal) and delayed ovulation. Therapy: Thyroid Complex 4 times daily. Within 2 months her basal metabolic rate improved, ovulation had normalized and she felt more 'refreshed' throughout the day. On the fifth month of treatment the patient reported a healthy conception

Synergistic Products

- **Coleus Forte tablets** - for additional thyroid support and especially for weight loss
- **Eleuthero OR Rhodiola & Ginseng Complex tablets** - to improve energy and vitality
- **ChelaCo tablets** - to assist in cases of heavy metal toxicity
- **Vitanox tablets** - for antioxidant support
- **Rehmannia Complex tablets** - in cases of autoimmune thyroid disease