



Natural Solutions

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Clinical Kinesiology

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Liver Health Evaluation

Name: _____ Date: _____ Age: _____

Address: _____ Phone: _____

_____ E-Mail: _____

Part A: History

| Questions | | Yes | Points | No |
|---------------------|---|-----|--------|----|
| 1. | I take 2-5 different prescription drugs daily | Y | 80 | N |
| 2. | I take 6-10 different prescription drugs daily | Y | 160 | N |
| 3. | I take 11-15 different prescription drugs daily | Y | 240 | N |
| 4. | I drink 4 ounces or more of distilled liquor daily | Y | 60 | N |
| 5. | I drink 12-18 ounces or more of wine or beer daily | Y | 60 | N |
| 6. | I have "high cholesterol" (over 200) | Y | 10 | N |
| 7. | I have "high triglycerides" | Y | 10 | N |
| 8. | I eat fast food—including French fries, burgers, fried foods (fish, chicken, onion rings, etc.) twice a week | Y | 30 | N |
| 9. | I eat fast food—including French fries, burgers, fried foods (fish, chicken, onion rings, etc.) 4 or more times per week | Y | 60 | N |
| 10. | I strictly avoid the foods above, as well as hidden saturated fats (shortening, lard, margarine, etc.) | Y | -60 | N |
| 11. | My liver function blood test is abnormal | Y | 40 | N |
| 12. | Others tell me I have body odor | Y | 40 | N |
| 13. | I suffer from many food (and other) allergies | Y | 20 | N |
| 14. | I have had abdominal surgery | Y | 30 | N |
| 15. | I often experience 2 or more of these common liver related symptoms: (Please circle those that apply) <ul style="list-style-type: none"> • Eye Irritation, Dry Eyes • Lump in the Throat • Muscle, Joint Stiffness • Back, Rib Pain • Knee Problems • Uterus, Prostate Complaints • Skin Ailments: Acne, Eczema, Psoriasis, Dermatitis | Y | 30 | N |
| 16. | I suffer from Arthritis | Y | 40 | N |
| 17. | I often eat 2-4 servings of the following per day: (Please circle those that apply) <ul style="list-style-type: none"> • A basically "whole foods" diet • Fresh vegetable salads (excluding iceberg lettuce) • Leafy green vegetables (such as collards, kale, mustard greens, beet greens, arugula, dandelion greens, spinach, watercress, etc.) • A variety of other vegetables (asparagus, beets, cabbage, celery, spinach, etc.) • A variety of fruits (apples, figs, grapefruit, oranges, papaya, prunes, etc.) | Y | -60 | N |
| 18. | I often feel angry or short-tempered | Y | 40 | N |
| 19. | I often feel calm, relaxed, and able to "go with the flow" | Y | -40 | N |
| Total Points | | | | |



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Name: _____ Date: _____

Part B: In-Office Tests Using Kinesiology

| Test | Positive (+) | Negative (-) |
|--|--------------|--------------|
| 1. Therapy Localization for Liver Function | + | - |
| 2. Therapy Localization for Toxicity | + | - |
| 3. Two-Point Therapy Localization for Liver – matching a relevant symptom | + | - |

Part C: Recommendations

1. Nutritional

2. Lifestyle

3. Treatment