



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

www.YourBodyCanTalk.com

YourBodyCanTalk2@Gmail.com

BLADDER Meridian-Organ Correspondence Chart

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Bladder / (Yang)	Beardall: Greater Yang	Paired Meridian: Kidney (Lesser Yin)
Associated Glands	Prostate - Men Uterus - Women	Adrenals (Chakra)
Associated Body Parts	Urethra	Bones
Element	Water	
Time of Day	3PM - 5PM	
Season	Winter	
Emotion	Irritable	Lost, Abandoned, Insecure
Sense Organ	Ears	Sense of Hearing
Color	Blue (or black)	
Taste	Salty	Salt, Tamari, Miso, Pickled Vegetables, Seaweed, Cranberry
Sound	Groaning	Moaning, Humming, Yawning, Snoring
Smell (odor)	Putrid	
AK Muscle	Peroneus Longus	Sacro spinalis
CK Acupoint (and related)	Bladder 67	
Functions	Collect and Eliminate Urine	Assist Kidney in Fluid Balance
Dysfunctions	Kidney Imbalance	Weak Bladder, Stress Incontinence, Urinary Frequency, Dysfunction of Fluid Balance
Chakra	Spleen (Svadhishthana) , Chakra Sound "o" as in home	Orange, Authority, Sensuality, (Bach: loneliness), Musical Note D , Pleasure
Spinal Level	Lumbar 3 (L3)	Lovett Relationship - Cervical 3 (C3)
Essential Oils	Helichrysum , Frankincense , Geranium , Lavender , Roman Chamomile , Spearmint , Thyme	Hope , Peace and Calming , Present Time , Relieve It , Stress Away , Valor