



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

BREAST CANCER ANSWER - A NEW APPROACH

by

Dr. Burt Espy, BS, MS, Ch. E. DC, FIACA

Abstract:

An introduction which reviews the current medical synopsis on breast cancer including diagnosis, possible causes, and recommended treatments, i.e. "proven " or "politically correct treatments".

This holistic clinical research concludes that living a healthy lifestyle BEEORE cancer develops is the answer!

Diet and lifestyle recommendations are discussed. Several case histories are also included.

Introduction:

Although great advances have been made in treating a minority of cancers, the majority of people who get cancer today still die from their disease. Yet for more than 40 years the public has been flooded with stories or dramatic break-throughs and incredible cures. And although many billions of dollars have been spent on research, we must conclude that little progress has actually been made in treating this tragic illness.

And as you read this you will ask, "How can the issue of breast cancer be so simple? You mean NO SURGERY, NO STRONG, EXPENSIVE DRUGS, NO DISFIGUREMENT?" Yes, but I can't apologize for others. I can only report *my* experience with my patients.

The answer is to not let your health deteriorate to the point where cancer develops! Treat the sub-clinical symptoms which develop first, i.e., breast lumps and discomfort.

(If you already have pock-marked peau-d'orange skin, multiple hard modules, and/or discharge from the breast, the disease has progressed quite far.) Then choose a healthy life-style, not just a fast, inexpensive, convenient one, plus a holistic doctor to diagnosis and TREAT, not DRUG, the problem.

Breast cancer is a malignant disease of breast tissue, the most common malignancy of women in the US³ Which does not say much for the health and lifestyle of American women, because CANCER IS THE END STAGE OF DISEASE! Cancer development requires many years of abusing your body through incorrect lifestyle choices.^{7,8,15}

The disease usually begins with a breast lump and pain, i.e., fibro cystic breasts. But if you only watch it for 10 - 20 years, it may become cancerous. Because the lump is only a symptom indicating stress on an organ which is asking for help. And if you don't treat the underlying organ it most generally gets worse.

Tumors are more common in the left than in the right breast and in the upper and outer quadrant. Metastasis is usually through the lymphatic system or bloodstream.³ (see section on cause).



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of **Your Body Can Talk** & **Your AGING Body Can Talk**

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

Validity of the War on Cancer?

In 1970, Senator Yarborough (Dem-TX) started the "War on Cancer" by recommending to congress that cancer could be conquered with the advent of near and exciting medical research.

However, something went wrong. Cancer has not yet been conquered by 1994! Consider the following facts:

In 1968, 318,000 Americans died of cancer, yet in 1993, 526,000 Americans died, a 65 % increase. And it is projected that at current rates, 576,000 Americans will die in the year 2000.¹³

And it wasn't because of lack of money -

NCI (National Cancer Institute) appropriations 1972 - 1994 totaled 25 billion plus.²²

ACS (American Cancer Society) research grants were 1.5 million plus²⁴ during the same period.

Unfortunately for the people of this nation, behind these figures lurks a human tragedy of unimaginable proportions. After years of underestimating the cost in 1987 the US authorities admitted to a total annual expense of 71.5 billion. This figure in 1991 was 100 billion plus... and today continues to balloon.

Many individuals are bankrupted by the cost of such care and it contributes greatly to society's enormous medical burden. New high technology treatments, such as bone marrow transplant, can cost well over \$100,000 per procedure. One new drug called Neupogen, which is used **ONLY TO COUNTERACT THE TOXIC EFFECTS** of Chemotherapy treatments costs patients between \$6,000 and \$10,000 per year. (Wall Street Journal 2/22/91)

An estimate of the average cost of terminal breast cancer is usually in the \$60 - 65,000 range.²⁰

As is quite apparent, cancer diagnosis and treatment are a huge medical business. And the cancer establishment strongly favors cure over prevention. They emphasize the use of patentable and /or synthetic chemicals over readily available or natural methods. Why? - Because **PROFIT** is definitely the bottom line in the cancer industry!¹³

Statistics:

According to the Cancer Society, approximately one or every nine women in the US will develop breast cancer by age 85. Breast cancer indicates rates for women have increased about 2% a year since the early 1930's, however they have leveled off since 1987 at about 107 per 100,000. In an average year, 43,000 women die from breast cancer in contrast to only 300 men. New cases are diagnosed at approximately 142,000 a year in women. (In 1993, it was the second major cause of cancer death in women).⁴

As stated by National Cancer Institute (NCI) epidemiologist Robert Hoover before the US Senate Subcommittee on Health, Jan. 21. 1976, it was clear that breast cancer is a hormonal disease. "Using hormones for years **DOUBLES** a woman's risk of breast cancer." "Also, women taking 1.25 mg of estrogen compared to the standard dose of 0.3. mg had **THREE TIMES** the risk after ten years (of women who had never taken hormones)." Women who only used estrogen from time to time also had an increased risk of breast cancer.

In conclusion, after all the evidence and studies were reviewed, the book **Estrogen and Breast Cancer** did state that there is no longer any doubt that estrogen products are implicated in breast cancer.



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

Current Medical Consensus:

The breast cancer industry recommends the following three methods for breast cancer detection:^{4,5}

1. Physical examination by health care professional
2. X-Rays/Mammography
3. Breast self-examination (BSE)

Recommended treatment (ACS)⁴ includes a not too attractive list of options more commonly known as "slash, burn, and poison":

1. Lumpectomy *
2. Mastectomy
3. Radiation Therapy
4. Chemotherapy
5. Hormone Manipulation Therapy
6. Reconstruction **

* Lumpectomy

An unexpected source of income is new forms of breast surgery. A study at the Long Island Jewish Medical Center found that when doctors remove only the lump instead of the whole breast, the cost is 37 percent higher. The increased cost is largely the result of additional radiation treatments required after the lumpectomy.¹³

However, you might take note of just how the cancer establishment sold the higher cost surgery.

In Pittsburgh, Federal investigators documented more than a decade of FRAUD in some of the most important breast cancer research ever conducted, including a landmark 1985 study that established the relative safety of the lumpectomy operation.

Some of the falsifications in the studies were relatively minor, such as changing the date of a surgical operation by a few weeks. However, when one of the patients died in a study included in the Montreal group, they not only didn't inform Pittsburgh (study headquarters) of the death, but continued to report "follow-up" contacts with the dead woman for the next two years.²⁰

** Reconstruction

Why is this classified as part of the treatment? Isn't it really a repair procedure for the damage done by the "proven" medical treatments?

There is no denying that these prospects are frightening, however you do have the choice.



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of **Your Body Can Talk** & **Your AGING Body Can Talk**

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

Your Choice:

Your choice lies in a healthy or unhealthy lifestyle. If you live the typical American lifestyle, i.e.,

- super, convenient, microwave cooking
- fast-food restaurants
- pre-packaged, synthetic, artificial and/or hybridized foods,
- electromagnetic radiation (EMF), and chemical pollution
- irradiated foods (used NOT because of better nutrition, but because of longer shelf life)

you're living an unhealthy lifestyle, and risk of cancer is increased!

In contrast, a healthy lifestyle would include most of the following:¹⁵

- switch to "live food diet" from dead foods
- adapting a holistic lifestyle
- shopping at "Health Food Stores and/or Health Food co-ops"
- using organic fruits and produce when possible
- eating a natural, low fat, low salt diet most of the time
- regular use of natural vitamin and supplements
- avoidance of all caffeine products, i.e., coffee, chocolate, cocoa etc.
- avoidance of tobacco products, i.e., snuff tobacco, tobacco smoke, smoking and chewing
- periodic detoxification, i.e., juice fasting, colonics, and/or enemas

I realize the healthy lifestyle above is such a contrast to our typical American lifestyle. But again, I can't apologize for those who put taste, convenience, or profit before health.

Discussions:

Causes:

Breast cancer in unindustrialized countries is NOT PREVALENT which is in stark contrast to industrialized countries. Doesn't anyone realize what's happening? Our vices, our conveniences, our technology is killing us!

The following list includes only the recognized culprits - there are many more still unrecognized and new ones popping up every day:

- electric light (especially fluorescent)
- electromagnetic fields (from electrical appliances, etc.)
- unhealthy foods (i.e., alcohol, nicotine, caffeine, salt, sugar, fats, fast foods)
- microwave cooking
- dead, devitalized foods (cooked, hybridized or synthetic)
- synthetic fibers (clothing)
- ALL DRUGS (legal, illegal, or prescription)

Regular use of these will definitely contribute to bad health.



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of ***Your Body Can Talk*** & ***Your AGING Body Can Talk***

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

What is Organ Stress?

The organs or glands of the body include the following (the first four being the major organs causing 90% of the symptoms of the body):^{1,2,3}

- Heart
- Thyroid
- Kidneys
- Liver
- Uterus
- Prostate
- Hypothalamus (brain)
- Lungs
- Gallbladder
- Large Intestine (Colon)
- Small Intestine
- Bladder
- Parathyroid
- Appendix
- Parotid

Most generally when an organ is under stress it will manifest more than one symptom, or a symptom pattern, i.e., the following is the long list of HEART symptoms which includes BREAST LUMPS which may become cancerous if not treated:

- Fatigue
- neck pain or stiffness
- indigestion
- shoulder pain or stiffness
- pain between shoulders
- headaches
- chest pain
- high blood pressure
- pain down arms
- elbow pains
- wrist pain (Carpal Tunnel Syndrome)
- numbness
- varicose veins
- tingling hands/fingers
- BREAST LUMPS
- pain under ribs
- swelling ankle/hands
- chronic fatigue syndrome
- reflex symphatic dystrophy
- syndrome "X"
- phlebitis
- irregular/rapid heartbeat
- palpitations
- transient ischemic attacks
- stroke
- myocardial infarction (Heart Attack)

This is a long, all-encompassing list of symptoms. But these symptoms deal with the entire cardiovascular system rather than just the heart alone. Also, although the above symptoms deal primarily with the heart, other organs are also usually involved.

Symptoms generally occur in a close proximity to the organ in stress, thus the breast lumps are more common in the upper, left breast because that's closer to the heart. Also, metastases are generally through the lymph or bloodstream because both are part of the cardiovascular system (Heart).



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of **Your Body Can Talk** & **Your AGING Body Can Talk**

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

Lifestyle Choices:

Lifestyle choices were discussed earlier in the section "Your Choice", page4. I want to emphasize again that clinical and personal experience has shown that the safest and healthiest diet is one consisting primarily of fresh fruits, vegetables, and grains with attention to a low fat and salt content.

One of the most dangerous environmental pollutions ever discovered is asbestos. It is an indestructible mineral which when airborne causes scarring of lung tissue. After many years, this causes persistent coughing and finally difficult breathing to the point of death. It also commonly causes cancer within and around the sour tissue.¹³

In addition, other dangerous industrial and agricultural chemicals that act as estrogen once they get inside the women's bodies are contributing to the steady increase in breast cancer.³

Medical doctors who have a love affair with drugs commonly promote "Cytosan" and "Tamoxifen" to prevent recurrence of breast cancer. However, they put little significance on the fact that "Tamoxifen" CAUSES UTERINE CANCER.

Cytosan on the other hand causes a myriad of side effects, those most alarming are CARCINOGENESIS, MUTAGENESIS and IMPAIRMENT OF FERTILITY. Why should we be taking a drug to prevent reoccurrence of cancer that causes cancer???????

Your emotions are stronger than you may think. They may even cause cancer. Alice Stedman in her book "Who's The Matter With Me" stated the following:

"Your breasts represent the home and mother. A woman's frustrated desire for growth through home or children can easily grow tumors in the breasts (or uterus, the earliest home of the baby). If the desires are not expressed in the outer world, the body can express vicariously the desire for growth, creation, and expansion."²

Depending on your fortune of good or bad genetics, and what you do with your life, you do have some control over your chances or developing cancer.

Prevention:

Cancer is preventable by keeping the body healthy. That also means keeping the body's organs happy and healthy. Then simply cancer won't develop in a healthy body.

Cancer prevention not only spares the victim the agony of suffering from the disease, but is ultimately far cheaper than the enormous social and financial costs associated with treating a major illness after its occurrence.

However, the cancer establishment has always had a far different profit-oriented agenda. Their standard line is that there is no diet that prevents cancer in man. They actually stated in an NCI primer that treatment of cancer by diet alone is quackery.

Wrong! I believe that as man finally wakes up to what we are doing to ourselves, we will realize that we don't have to develop cancer anymore.

THE ANSWER TO CANCER IS PREVENTION!



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

TREATMENT:

Treatment consists of a holistic approach. We test to see what the body needs, then we retest to check the effectiveness of the treatment. We generally find that the body wants the acupuncture system corrected first, so we usually start there. In addition, we also utilize personalized nutrition and specific chiropractic adjusting to balance the body.

Acupuncture

First, we balance the major meridian for the major organ involved. After locating the acupuncture points needing correction (utilizing clinical kinesiology diagnostic techniques), we have a choice of four different forms of acupuncture:

Needle Magnet Soft Laser Acutabs

The form of acupuncture to be used is based on patient desires and physical aspects of the particular point location. My clinical practice has shown all four to be effective, although the needle, soft laser, and magnet have a more powerful and permanent effect.

Nutrition

To get the best response from the body, specific nutrients usually are required for the organ under stress. And most generally, we find that the body requires a glandular*. Later, as we work through adaptations, the body may also require specific vitamins, minerals, enzymes, amino acids or specific herbs. Generally, we find that the body wants significantly higher quantities or vitamins than the recommended daily requirements (RDA). CK (Clinical Kinesiology) techniques also can be used to determine the daily dose and length or time required for the specific nutrient to build the body's health reserve back to normal.

** Specific nutrients made from "clean" animal glands or organs (usually from New Zealand). These also contain synergistic vitamins, minerals and/or herbs.*

Since we are working to balance the body's acupuncture energy (meridians), the combination of acupuncture, nutrition, and chiropractic adjusting has proved very effective.

Adjusting

Normally, after the acupuncture and nutritional requirements are determined, we ask the body for any subluxations... (these usually do not show up initially). Correction is generally made with a low-force instrument since the body is very delicate and my research shows this low-force adjusting to be very effective. Corrections are made where problems are found, whether spinal, extremity or tissue.

Frequency and length of treatments:

Generally, the frequency and length of treatments is very individual. Of course, the more serious the case, both would increase.



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of **Your Body Can Talk** & **Your AGING Body Can Talk**

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

ELECTRO-MERIDIAN IMAGING (EMI)*

Ryodoraku acupuncture (a quick test to measure and monitor the health of the patient) was developed by Dr. Nakatani in the 1940's. His study of electro-acupuncture found that most meridian points of the traditional acupuncture system have lower electrical resistance than the normal body surface.

The Ryodoraku examination is based on the resistance of the skin to electrical stimulation and observes the body function scientifically from the standpoint of the autonomic nerves. The exam consists of measuring the "source points" on the traditional acupuncture meridians. (An exception is the large intestine meridian, where L14 is measured instead of L15.)

Our clinical research has shown the Ryodoraku examination most helpful in measuring the health profile of the patients as they progress through treatment. It gives both doctor and patient an objective measure of the patient's current health balance. The exam is run initially, and then at periodic intervals of every 3 to 6 treatments, depending on the individual case.

* *EMI - term coined by Dr. John Amaro, International Academy of Clinical Acupuncture, Carefree, Arizona.*

CLINICAL CASE HISTORIES

I will present the following clinical case history here as an example to illustrate the effectiveness of this type of treatment in balancing the body.

The EMI graph consists of a plot of the twelve body acupuncture meridians, which relate to organs and organ systems, both left and right sides of the body (measured as "source" points at the ankles and wrists). Then a line is drawn around the two to create a summary point for that particular meridian. The normal range of the meridian energy is 80 - 100 microamps. This level is ideal for good health and symptoms should be at a minimum in this range. When the difference between left and right sides is over 20 points, the meridian is considered out of balance or abnormal. Also, if the readings are 40 points above or below the normal range, my clinical experience has shown them to also be out of balance.

The graph is constructed by adding the 24 measured points (2 for each meridian) together, then dividing them by 24 to get an average. A line is then drawn across the graph. (This can be in red to distinguish it as the average value.) Two other lines are drawn across the graph, 15 points above and below the average line, to establish the patient meridian range.¹¹

Patient: Celest

Symptoms:

- Headaches, neck pain, pain between shoulders, indigestion, varicose veins, low blood pressure, BREAST LUMPS, fatigue
- Sinus problems, allergies, sore throat
- Cramps, low back pain, hip pain.



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

facebook/YourBodyCanTalk

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

The initial graph showed six of the twelve acupuncture meridians out of balance: heart, lung, small intestine, triple warmer, spleen and kidney. The patient also had breast pain, headaches, neck pain, indigestion, varicose veins, low blood pressure, and fatigue (all heart symptoms, see page 5).

Name Celest Date of Exam 2/23/94

LU 9		P 7		HT 7		SI 4		TH 4		LI 4		SP 3		LV 3		KI 3		BL 64		GB 40		ST 42			
L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R
200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.		
190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.		
180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.		
170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.		
160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.		
150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.		
140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.		
130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.		
120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.		
110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.		
100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.		
90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.		
80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.		
70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.		
60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.		

The second graph shows only two meridians out of balance: triple warmer and spleen. This was after only seven treatments. In addition to treating her heart, we were also treating her thyroid (triple warmer) for sinus problems, allergies and sore throat, and her kidneys for low back pain and cramps. She had no more breast pain at that time.

Name Celest Date of Exam 6/15/94

LU 9		P 7		HT 7		SI 4		TH 4		LI 4		SP 3		LV 3		KI 3		BL 64		GB 40		ST 42			
L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R
200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.		
190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.		
180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.		
170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.		
160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.		
150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.		
140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.		
130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.		
120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.		
110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.		
100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.		
90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.		
80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.		
70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.		
60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.		
50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.		
40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.		



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

The last graph, dated 8/8/1994, shows only one meridian out of balance: circulation. However, breast discomfort was still absent and this patient is well on her way to healing. In addition to the absence of the breast lumps, most of her other symptoms are also gone.

Colest *8/18/94*

Name Date of Exam

LU 9		P 7		HT 7		SI 4		TH 4		LI 4		SP 3		LV 3		KI 3		BL 64		GB 40		ST 42	
L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R
200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.	200	.
190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.	190	.
180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.	180	.
170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.	170	.
160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.	160	.
150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.	150	.
140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.	140	.
130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.	130	.
120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.	120	.
110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.	110	.
100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.	100	.
90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.	90	.
80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.	80	.
70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.	70	.
60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.	60	.
50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.	50	.
40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.	40	.



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of ***Your Body Can Talk*** & ***Your AGING Body Can Talk***

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

References

1. Who's the Matter with Me? Alice Stedman, Delores Publications, 1992 Marina del Rey, CA 90294.
2. Breast Cancer Fraud Revealed, Denver Post, March 13, 1994
3. Infotrac Health Reference Center, Penrose Hospital, Jan. 1993-1994
4. Cancer Facts and Figures - 1993, American Cancer Society.
5. Research, reducing your risk of breast cancer, American Institute for Cancer, 1993, Washington, D.C.
6. Communication Channels, Inc., 1992
7. Estrogen and Breast Cancer, Carol Ann Rinzlek, Macmillan Publishing C.o., New York, page 189.
8. "Fighting back against the Breast Cancer Epidemic", Life Magazine, May 1994, page 78 - 88.
9. "Microwave Food", Search for Health Journal, Tom Valentine, Sept./Okt. 92 (44 references).
10. China Healthway Newsletter, 117 Avenita Granada, San Clemente, CA, Vol. 4, No. 2, September 1993.
11. "Breast Cancer deadly masquerade?" US News and World Report, Feb. 7, 1994.
12. "Light, Electromagnetic Fields, and Breast Cancer", Second Opinion Newsletter, Dr. William Campbell Douglass, Vol. IV, No. 2, February 1994.
13. The Cancer Industry, Ralph W. Moss, Ph. D., Paragon House, NY, NY, 1980,89.
14. Cancer Therapy, Ralph M. Moss, Ph D., Equinox Press, Inc., Brooklyn, N.Y. 1992.
15. A Cancer Battle Plan, Ann E. Frahm and David J. Frahm, Pinon Press, P.O. Box 35009, Colorado Springs, Colorado 80935.
16. No More War, Dr. Linus Pauling, Dodd, Meade & Co., New York.
17. Fund Shortage Urts Pauling Cancer Project, Can Hoffman, Nicholas, syndicated column, Lawson (Okla) Constitution, Nov. 13, 1976.
18. "Science and Cancer", Shinkin Michael B., DHEW Pub. No. (NH) 74-568. Bethesda Md., National Institute of Health 1973.
19. Cancer, Traditional + New Concepts, Hanna Kroeger, Ms.D., ISBN-I-883713 06 4.
20. "The Muddle over screening Breast Cancer", Thomas Patricia Medical World

Key Words

Allergies, 11, prevention and treatment, 11
Breast Lumps, 1-2, 6, 11
Breast Cancer, 1-3, 6
Drugs, 3,7, costs and treatments, 3, chemotherapy, 3-4
Case History, 10-11
Heart Symptoms, 6, what they mean, 7
Healthy Lifestyle, 5
Medical Treatment and prevention, 3-4
Prevention and Treatment - the healthy way, 1, 5, 7-9