



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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PERICARDIUM Meridian-Organ Correspondence Chart

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Pericardium / (Yin)	Beardall: Absolute Yin	Paired Meridian: Triple Warmer (Lesser Yang)
Associated Glands	Hypothalamus, Pituitary, Pineal	Thymus (Chakra) Ovaries, Testes
Associated Body Parts	Circulatory System, Autonomic Nervous System	Brain, Roots of Teeth, Armpit, Genital Areas
Element	Fire	Aversion to Heat
Time of Day	7PM - 9PM	
Season	Summer	Brightness of Sun
Emotion	Unresponsive	Depleted, Fear, Phobia, Difficulty Expressing Emotions
Sense Organ	Tongue	Sense of Taste
Color	Red	
Taste	Bitter	Arugula, Black Radish, Collard Greens, Dandelion, Endive, Kale
Sound	Laughter	
Smell (odor)	Scorched	
AK Muscle	Sartorius, Gluteus Medius, Gluteus Minimus	Gracilis, Gluteus Maximus
CK Acupoint (and related)	Small Intestine 8.6, Lung 10.5, Spleen 3	Stomach 31.75, Heart 1
Functions	Cover and Protect Heart, Physically and Emotionally	Vascular Circulation, Sex Hormone Balance
Dysfunctions	Pericarditis, Angina, Palpitations	Cough, Stomach Issues, Vomiting, Epilepsy, Mania, Mastitis
Chakra	Heart (Anahata) , Chakra Sound "ah"	Green, Love, Joy, Air and Oxygen (Bach: Overcare), Musical Note F
Spinal Level	Thoracic 2 (T2)	Lovett Relationship - Thoracic 9 (T9)
Essential Oils	Basil , Black Pepper , Clove , Coriander , Lavender , Melissa , Nutmeg , Oregano , Palma Rosa , Vetiver , Ylang-Ylang	Awaken , Brain Power , Clarity , Motivation , Passion