



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

www.YourBodyCanTalk.com

YourBodyCanTalk2@Gmail.com

Essential Oils for Organ and Emotion

Organ & Related Oils	Organ-Related Emotions & associated Young Living® Oil Blends
#1 Lungs Eucalyptus, Myrrh, Lavender, Bergamot, Frankincense	Grief <i>sadness, yearning</i> Acceptance, Believe, Envision, Into the Future, Joy Peace & Calming, Sacred Mountain, Transformation
#2 Large Intestine Ginger, Clove, Peppermint, Fennel, Oregano, Tarragon, Anise Seed	Stuck (Dogmatic) <i>defensiveness, compulsive</i> Acceptance, Forgiveness, Harmony, Hope, Joy, Into the Future, Sacred Mountain Surrender, Passion
#3 Stomach Chamomile, Ginger, Peppermint, Fennel, Anise Seed, Lavender, Tarragon, Thyme, Orange	Disgust <i>despair, egotistic</i> Humility, Joy, Motivation, Passion, Peace and Calming
#4 Spleen/Pancreas Lemon, Grapefruit, Geranium, Fennel, Basil, Coriander, Frankincense, Fenugreek	Low Self-Esteem <i>feels lack of control, hopeless, overconcerned</i> Hope, Magnify Your Purpose, Motivation, Passion, Valor
#5 Heart Helichrysum, Frankincense, Lemongrass, Marjoram Goldenrod, Cyprus, Jasmine, Rose	Frightfully Overjoyed <i>lack of joy, lack of emotion</i> Gratitude, Harmony, Hope, Joy, Peace and Calming, Valor
#6 Small Intestine Basil, Cumin, Fennel, Ginger, Lemongrass, Oregano, Peppermint, Spearmint	Vulnerable (Lost) <i>feelings of abandonment, absent minded, insecure</i> Awaken, Magnify Your Purpose, Motivation, Sara, Sacred Mountain, Valor



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

www.YourBodyCanTalk.com

YourBodyCanTalk2@Gmail.com

Essential Oils for Organ and Emotion

Organ & Related Oils	Organ-Related Emotions & associated Young Living® Oil Blends
#7 Bladder Helichrysum, Lavender, Spearmint, Thyme, Geranium, Roman Chamomile, Frankincense	Irritated (miffed) <i>timidity, wishy-washy</i> Hope, Peace and Calming, Present Time, Relieve It, Stress Away, Valor
#8 Kidneys Helichrysum, Juniper, Fennel, Idaho Tansey, Lemongrass, Rosemary	Fear <i>dread, terror</i> Forgiveness, Hope, Stress Away, Surrender, Tranquil, Trauma Life, White Angelica
#9 Pericardium Basil, Black Pepper, Clove, Coriander, Frankincense, Lavender, Melissa, Nutmeg, Oregano, Vetiver, Ylang-Ylang	Unresponsive (Non-Emotive) <i>depleted, suppressed</i> Awaken, Brain Power, Clarity, Motivation, Passion
#10 Triple Warmer Cypress, Frankincense, Helichrysum, Jasmine, Lemon, Myrrh, Neroli, Ylang Ylang	Confusion (Muddled Thinking) <i>paranoia, emotionally unstable</i> Awaken, Clarity, Gathering, Grounding, Present Time, Valor
#11 Gall Bladder Geranium, Ledum, Carrot Seed, Celery, Juniper, Roman Chamomile, German Chamomile, Lavender with Geranium, Rosemary CT Cinecol, Eucalyptus Radiata	Resentment (Galled) <i>indecisive, depressed, emotionally repressed</i> Clarity, Forgiveness, Harmony, Joy, Release, Surrender, Tranquil
#12 Liver Ledum, Citrus Hystrix, Achillea, Cardamom, Geranium Sage, Idaho Tansey, Cedarwood, Frankincense, Thyme	Anger <i>frustration, rage, irrational</i> Forgiveness, Gratitude, Harmony, Peace and Calming, Present Time, Purification, Tranquil, Transformation