



# NATURAL SOLUTIONS

*Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare*

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## **Ryodoraku Exam Explanation**

Life-giving energy courses through energetic pathways called Acupuncture Meridians, or channels. The “volume” or “speed” at which the energy or “chi” flows is measurable, as is the flow of a river.

Scoring the Ryodoraku exam consists of evaluating two parameters.

The **First Parameter** of the test has to do with the actual numbers obtained, which indicate the actual level of energy in each meridian system.

The scoring of your energy levels per left/right side of each organ goes from 0-200. The best reading would be from **65 to 125**, in-between the red lines without touching them. A perfect score (which is very rare) would be 100's all the way across on the green line. 100 is also the best average.

The most worrisome energy level reading is 20 and below, which can indicate likely pathology. Readings of 15 and below may indicate organ failure.

It is also best to not have overly high scores (above 180). This may indicate that your organ is over-working and could eventually “burn out”, then drop to 20 or below.

The **Second Parameter** of the test has to do with determining how many points are between the left and right sides of each organ pathway. We hope to find only **25 points or less** between the two. Large stretches or splits between the left and right sides indicate that the organ is very out-of-balance and needs attention.

After your Meridian Test, Dr. Levy will give you nutrient/supplement recommendations for any of your organs that are out of balance. We will keep your findings and recommendations on file. Any further health advice will require that you complete the Health Consultation and the Brief Kinesiology Exam.

You will receive a copy of the Meridian Test for your personal health file.

*For further information and diagram, refer to pages 26-27 of **Your Body Can Talk, second edition** by Dr. Susan L. Levy, D.C., C.K.*