



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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SPLEEN Meridian-Organ Correspondence Chart

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Spleen / (Yin)	Beardall: Greater Yin	Paired Meridian: Stomach (Sunrise Yang)
Associated Glands	Pancreas	Pancreas (chakra)
Associated Body Parts	Lymphatic Vessels	Lips, Mouth, Throat, Muscles, Fatty Tissue, Phlegm, Saliva, Tooth Number 2, 3, 14, 15, 20, 21, 28, 29
Element	Earth	
Time of Day	9AM - 11AM	
Season	Late Summer (Harvest time)	Leaves begin to change from green to yellow
Emotion	Low Self Esteem	Rejection, Worry, Pensiveness
Sense Organ	Mouth	Sense of Taste
Color	Yellow	
Taste	Sweet	Apples, Beans, Carrots, Cinnamon, Rice, Sweet Potatoes
Sound	Singing	Sing-Song Voice
Smell (odor)	Fragrant	
AK Muscle	Trapezius Middle Division	Trapezius Lower Division
CK Acupoint (and related)	GV 22 Posterior Pituitary, Cranial Bones, Ear	TW 9.75 Bladder, Kidney
Functions	Clear Thinking, Immune System Gland, Antibody Production	Stores and Transports Body Energy, Distributes Nourishment
Dysfunctions	Immune Weakness, Bleeding Disorders	Prolapsing of Other Organs, Craving Sweets
Chakra	Navel (Manipura), Solar Plexus Chakra Sound "o" as in top	Yellow, Personal Power, Peace, (Bach uncertainty), Musical Note E , Self Acceptance
Spinal Level	Spleen, Thoracic 7 (T7) Pancreas - Thoracic 6 (T6)	Lovett Relationship - Thoracic 4 (T4) Pancreas - Thoracic 5 (T5)
Essential Oils	Lemon, Grapefruit, Geranium, Fennel	Basil, Coriander, Frankincense, Fenugreek