



# NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w) Holistic Healthcare

Susan L. Levy, D.C., DABCO, FACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

[www.YourBodyCanTalk.com](http://www.YourBodyCanTalk.com)

[YourBodyCanTalk2@Gmail.com](mailto:YourBodyCanTalk2@Gmail.com)

## TRIPLE WARMER Meridian-Organ Correspondence Chart

Organ / Meridian	Primary Correspondence	Secondary Correspondence
<a href="#">Triple Warmer</a> / ( <a href="#">Yang</a> )	Beardall: <a href="#">Lesser Yang</a>	Paired Meridian: Pericardium ( <a href="#">Absolute Yin</a> )
Associated Glands	Thyroid, Adrenal	Thymus (Chakra)
Associated Body Parts	Thorax, Pelvis, Abdomen	All Organs, All Meridians Autonomic Nerves
Element	<a href="#">Fire</a>	Aversion to Heat
Time of Day	<a href="#">9PM - 11PM</a>	
Season	Summer	Brightness of Sun
Emotion	<a href="#">Confusion</a>	Paranoia, Lack of Self-Expression
Sense Organ	Tongue	Sense of Taste
Color	<a href="#">Red</a>	
Taste	<a href="#">Bitter</a>	Arugula, Black Radish, Collard Greens, Dandelion, Endive, Kale
Sound	Laughter	
Smell (odor)	Scorched	
AK Muscle	Teres Minor (Thyroid)	Infraspinatus, (Thymus), Sartorius, Gracilis
CK Acupoint (and related)	Large Intestine 4	Small Intestine 8.6, Stomach 31.75
Functions	Circulate Chi, Help Fluid and Hormone Metabolism	Balance Metabolism
Dysfunctions	Hormone Imbalances, Lack of Mental Clarity, Autoimmune Disorders	Abdominal Distension, Edema, Frequent Urination, Bedwetting
Chakra	<a href="#">Throat (Vishuddha), Chakra Sound "aye"</a>	Blue, Self-Expression, Communication, Integrity ( <a href="#">Bach: Oversensitive</a> ), <a href="#">Musical Note A</a>
Spinal Level	Cervical 7 (C7)	<a href="#">Lovett Relationship - Thoracic 11 (T11)</a>
<a href="#">Essential Oils</a>	<a href="#">Cypress, Frankincense, Jasmine, Lemon, Myrrh, Neroli, Ylang Ylang</a>	<a href="#">Awaken, Clarity, Gathering, Grounding, Present Time, Valor</a>