



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

[facebook/YourBodyCanTalk](https://www.facebook.com/YourBodyCanTalk)

YourBodyCanTalk2@Gmail.com

www.YourBodyCanTalk.com

Symptoms and Conditions Related to Leaky Gut Syndrome

Gastro-Intestinal

- Bloating
- Flatulence
- Constipation
- Diarrhea
- Liver dysfunction
- Gluten intolerance
- Food sensitivities
- Malabsorption of nutrients
- Irritable bowel syndrome
- Inflammatory bowel disease
- Crohn's disease
- Ulcerative colitis
- Abdominal discomfort

Inflammation

- Swelling—muscles, face, hands, feet, joints, soft tissues, etc.
- Intestinal tract inflammation
- Fibromyalgia
- Organ dysfunction—liver, thyroid, heart, pancreas, etc.

Respiratory System

- Asthma
- Cystic fibrosis
- Nasal congestion
- Sinus issues
- Chronic sinus infection
- Shortness of breath

Nervous System, Brain and Mind

- Autism
- (Apparent) Hyperactivity
- Multiple sclerosis
- Confusion
- Mental fogging
- Poor memory
- Mood swings
- Depression
- Headaches
- Migraines
- Anxiety
- Insomnia
- Schizophrenia

Total Body or General Symptoms

- Chronic fatigue
- Constant hunger
- Weight gain
- Difficult weight loss
- Insomnia
- Accelerated aging
- Body or joint aches and pains
- Fibromyalgia
- Multiple chemical sensitivities
- Sensitive to weather changes
- Arthritis
- Malnutrition
- Hormonal disruption (i.e. worsening of PMS, menopause, andropause etc.)

Skin Issues

- Flushing—especially of face
- Acne
- Dermatitis
- Eczema
- Psoriasis
- Rashes
- Itching
- Hives
- Rosacea
- Hair loss

Decreased Immune Function

- Repeated bouts of colds, flu, sore throats, abscessing teeth, candida
- Fevers of unknown origin
- Food sensitivities and allergies
- Environmental sensitivities and allergies

Autoimmune Disorders***

- Systemic lupus erythematosus
- Chronic fatigue syndrome
- Hypothyroidism
- Hashimoto's thyroiditis
- Multiple sclerosis
- Inflammatory bowel syndrome
- Ulcerative colitis
- Crohn's disease
- Asthma
- Diabetes type II
- Rheumatoid arthritis
- Fibromyalgia
- Reiter's syndrome

*** A chronic state of inflammation and immune dysfunction may evolve into an autoimmune disorder.