



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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GALLBLADDER Meridian-Organ Correspondence Chart

Organ / Meridian	Primary Correspondence	Secondary Correspondence
Gall Bladder / (Yang)	Beardall: Lesser Yang	Paired Meridian: Liver (Absolute Yin)
Associated Glands		Pancreas (Chakra)
Associated Body Parts	Gall Bladder Ducts, Eyes, Muscle Tendons, Fingernails	Tooth Number 6, 11, 22, 27, Ligaments
Element	Wood	
Time of Day	11PM - 1AM	
Season	Spring	
Emotion	Resentment	Wise Judgement, Discernment, Stubbornness, Emotional Repression
Sense Organ	Eyes	
Color	Green	
Taste	Sour	Vinegar, Olives, Pickles, Lemon/Lime, Fermented Foods, Sauerkraut, Kimchi
Sound	Shouting	
Smell (odor)	Rancid	
AK Muscle	Popliteus	
CK Acupoint (and related)	Gall Bladder 32.25	
Functions	Hold Bile and Release as Needed to Protect Nervous System from External Influence	Balance Emotions, Decision Making
Dysfunctions	Does Not Release Bile Correctly, Bloating, Gas, Constipation, Diarrhea	Form Gall Stones, Unbalanced Nervous System & Blood Circulation Shoulder/Hip/Leg/Foot Pain, Headaches
Chakra	Navel, Solar Plexus (Manipura), Chakra Sound "o" as in top	Yellow, Personal Power, Peace, Self-Acceptance (Bach: Uncertainty), Musical Note E
Spinal Level	Thoracic 4 (T4)	Lovett Relationship - Thoracic 7 (T7)
Essential Oils	Eucalyptus Radiata, Lavender with Geranium, Ledum, Juniper, Roman Chamomile, German Chamomile	Clarity, Forgiveness, Harmony, Joy, Release, Rosemary CT Cinecol, Surrender, Tranquil