



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistc Healthcare

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Healing Juices for LARGE INTESTINE

Whenever possible, these therapeutic juices should be freshly made at home from fresh organic fruits and vegetables. Cabbage juice or Sauerkraut Juice can also be used for any general inflammatory condition of the Gastrointestinal Tract.

From the book [JOHN HEINEMAN'S ENCYCLOPEDIA OF HEALING JUICES](#):

Large Intestine Problems:

- ABDOMINAL CRAMPS: citrus juice, *page 105*
- COLITIS: banana juice, *page 27*
- COLITIS: wheat grass and barley grass juice, *pages 271-272*
- CONSTIPATION: apple juice, *page 6*
- CONSTIPATION: boysenberry juice, *page 48*
- CONSTIPATION: date-fig juice, *page 119*
- CONSTIPATION: gooseberry juice, *page 50*
- CONSTIPATION: plum-prune juice, *page 223*
- CONSTIPATION: radish juice, *page 243*
- CROHN'S DISEASE: cantaloupe juice, *page 66*
- CROHN'S DISEASE: nectarine juice, *page 168*
- DIARRHEA: blueberry juice, *page 47*
- DIARRHEA: quince juice, *page 238*
- DIARRHEA: red and black raspberry juice, *page 51*
- DIARRHEA: rhubarb juice, *page 248*
- DIVERTICULITIS: banana juice, *page 28*
- DYSENTERY (AMOEBIC): quince juice, *page 239*
- DYSENTERY: blueberry juice, *page 47*
- DYSENTERY: citrus juice, *page 103*
- INTESTINAL PARASITES: olive juice, *page 179*
- INTESTINAL PARASITES: persimmon juice, *page 212*
- IRRITABLE BOWEL SYNDROME: pea juice, *page 207*
- TAPEWORM: pomegranate juice, *page 227*
- WORMS: garlic- onion juice, *page 134*
- WORMS: persimmon juice, *page 212*

From the book [LIVE FOOD JUICES for Vim, Vigor, Vitality](#), by H.E. Kirshner, M.D., *page 77*:

Large Intestine Problems:

- COLITIS: carrot, apple, beet, and cucumber juice
- CONSTIPATION: carrot, apple, celery, beet, and cucumber juice
- DIARRHEA: carrot, apple, celery, spinach, parsley, raspberry, and blackberry juice