



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

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Leaky Gut Health Evaluation

(Increased Intestinal Permeability)

Name: _____	Date: _____	Age: _____
Address: _____	Telephone: _____	
	Cell: _____	
	E-Mail: _____	

Part A: History

Questions	Yes	Points	No
1. I know that I have difficulty with my digestion.	Y	40	N
2. I have food sensitivities and/or food allergies.	Y	40	N
3. I am sensitive to weather changes.	Y	30	N
4. I am often fatigued / just don't have enough energy.	Y	30	N
5. I often have muscle aches and pains for no obvious reason.	Y	30	N
6. I often have joint pains.	Y	30	N
7. I am bothered by skin rashes, breakouts, etc.	Y	30	N
8. I frequently have diarrhea, and/or abdominal pain.	Y	30	N
9. My memory is poor.	Y	20	N
10. I often feel "yucky" or even toxic.	Y	30	N
11. I sometimes have fevers for no known reason.	Y	20	N
12. I have Candida, or I have had Candida.	Y	30	N
13. I have parasites, or I have had parasites.	Y	30	N
14. I now smoke tobacco, or I have smoked tobacco for 5 years at some point.	Y	30	N
15. I drink 4 or more alcoholic beverages per week.	Y	30	N
16. I often take non-steroidal anti-inflammatory drugs (NSAIDs) (<i>aspirin, Advil, Tylenol, etc.</i>)	Y	30	N
17. I have taken anti-biotics several times.	Y	30	N
18. I have Celiac Disease (<i>inability to digest gluten</i>).	Y	100	N
19. I have been diagnosed with one or more of the following: (circle all that apply)			
• Alcoholism	Y	30	N
• Arthritis	Y	30	N
• Asthma	Y	30	N
• Autoimmune Disease (such as Lupus, Ankylosing Spondylitis, Hashimoto's Disease, etc.)	Y	30	N
• Crohn's Disease	Y	30	N
• Diabetes	Y	30	N
• Migraines	Y	30	N
• Multiple Sclerosis	Y	30	N
• Ulcers	Y	30	N
• Ulcerative Colitis	Y	30	N
Total Points			



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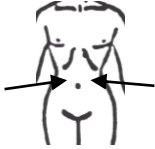
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Part B: In-Office Tests Using Kinesiology

Test	Positive (+)	Negative (-)
1. Leaky Gut Finger Mode	+	-
2. Reflex Point 	+	-
3. Two point confirmation test RE: Total Leaky Gut™, XanGo, Glutamine, GI Revive, Pro-Biotics	+	-

Part C: Recommendations

1. Nutritional

2. Lifestyle

3. Treatment