



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)HolistiC Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

www.YourBodyCanTalk.com

YourBodyCanTalk2@Gmail.com

Healing Juices for SPLEEN/PANCREAS

Whenever possible, these therapeutic juices should be freshly made at home from fresh organic fruits and vegetables.

From the book [JOHN HEINEMAN'S ENCYCLOPEDIA OF HEALING JUICES](#):

Spleen / Pancreas Problems:

- BLOOD SUGAR IMBALANCES: pumpkin juice, *page 234*
- DIABETES: cabbage juice, *page 62*
- DIABETES: chili peppers juice, *page 93*
- DIABETES: Jerusalem artichoke juice, *page 16*
- DIABETES: string bean juice, *page 253*
- DIABETIC LEG ULCERS (apply topically): kohlrabi juice, potato juice, *page 231*
- DIABETIC LEG ULCERS (apply topically): rhubarb juice, *page 248*
- DIABETIC RETINOPATHY: huckleberry juice, *page 50*
- HYPOGLYCEMIA: Jerusalem artichoke juice, *page 16*
- HYPOGLYCEMIA: red and black raspberry juice, *page 51*
- HYPOGLYCEMIA: string bean juice, *page 253*
- HYPOGLYCEMIA: tomato juice, *page 259*
- HYPOGLYCEMIA: zucchini juice, *page 277*
- PANCREATITIS: brussels sprout juice, *page 56*
- SPLEEN ENLARGEMENT: papaya-mango, *page 184*
- SPLEEN PAIN AND INFLAMMATION: chervil, *page 83*