



NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w) Holistic Healthcare

Susan L. Levy, D.C., DABCO, FIACA

Author of *Your Body Can Talk* & *Your AGING Body Can Talk*

www.YourBodyCanTalk.com

YourBodyCanTalk2@Gmail.com

Meridian-Organ Correspondence LUNG

Organ / Meridian	Primary Correspondence	Secondary Correspondence
<u>Lung</u> / (<u>Yin</u>)	Beardall: <u>Greater Yin</u>	Paired Meridian: Large Intestine (<u>Sunrise Yang</u>)
Associated Glands	Tracheobronchial <u>Lymph Nodes</u> , <u>Goblet Cells</u>	Thymus
Associated Body Parts	Bronchi, Bronchioles, Diaphragm, Sinuses, Throat, Trachea, Vocal Cords	<u>Tooth Number 4, 5, 12, 13, 18, 19, 30, and 31</u>
Element	<u>Metal</u>	Metallic Odor of outdoor air in cold weather
Time of Day	<u>3 AM-5 AM</u>	Dawn
Season	Fall	Frost, Freezing Weather, Early Snow
Emotion	Grief, Sadness	Use Breath to Calm (slow deep breathing), emotionally holding on and letting go
Sense Organ	Nose	Sense of Smell
Color	<u>White</u>	
Taste	<u>Pungent, Hot, Spicy</u>	Artichoke, Cabbage, Collards, Corn, Leeks, Onions, Rice, Turnips
Sound	<u>Crying</u>	<u>Wheezing, Sighing, Sobbing</u>
Smell (odor)	Rotten	
AK Muscle	<u>Deltoid</u>	Shoulder
CK Acupoint (and related)	GB 43, GB 30.05, P 2 .75, LV 3, LV6	
Functions	Breathing, Deep Sleep, Detoxifying Lungs, Clarifying Skin	Dreams, Long Term Memory, Exhaling, Letting Go
Dysfunctions	Breathing Discomfort, Shortness of Breath, Lack of Blood Oxygen	Asthma, Bronchitis, Coughing, Emphysema, Hoarse Voice
Chakra	<u>Heart (Anahata)</u> , <u>Chakra Sound "ah"</u>	Green, Love, Joy, Air and Oxygen (<u>Bach: Overcare</u>), <u>Musical Note F</u>
Spinal Level	Thoracic 3 (T3)	<u>Lovett Relationship Thoracic 8 (T8)</u>
<u>Essential Oils</u>	<u>Eucalyptus, Myrrh, Lavender, Frankincense, Bergamot</u>	<u>Believe, Envision, Into the Future, Joy Peace & Calming</u>